



Exploring the Thames Wilderness

A Guide to the Natural Thames

By Richard Mayon-White &
Wendy Yorke

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The River Thames is an often undiscovered haven of stunning scenery, wonderful wildlife and brilliant natural beauty. As well as the famous stretches passing through our biggest cities and towns, there is a hidden side to the river - wild and natural, but surprisingly accessible.

This guidebook, compiled by the two major Thames charities, contains a wealth of information on over 150 of the best places to explore the real Thames wilderness, along with enjoyable walks and activities along its course.

Organised geographically, the book gives information on the history and character of each stretch of the river and the featured sites within it. Illustrated with maps and photos, the text highlights which plants and wildlife to watch out for, activities you can do, how to get there and nearby moorings, cycle paths and car parks. Each section features a circular walk, tying together several of the sites and accompanied by an attractive hand-drawn map.

An essential source of ideas for days out and handy for on the go, *Exploring the Thames Wilderness* opens up the beauty of the Thames to everyone.

Richard Mayon-White is a river warden coordinator for the River Thames Society, and has loved the river for 50 years. He and his family have explored it on foot and in boats from canoes to a steam launch. **Wendy Yorke** is the Projects Manager for the Thames Rivers Trust and has been involved in community engagement and river restoration for more than 13 years, in the UK and Australia.

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